

OUTDOOR GYM

PRODUCT CATALOGUE



AR ENGINEERS

OPEN GYM EQUIPMENT MANUFACTURER

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www.arefitness.in

About US

Established in the year 2014, AR Engineers has grown into a major name in the field of open air outdoor gym equipments and children playing equipments. At this time AR Engineers has more than 100 kinds of outdoor gym equipments and 40 kinds of children playing equipments for parks. AR Engineers products are used in community parks, kindergarden, schools, amusement parks, societies & communities. AR Engineers prides itself in being a professional and technical manufacturer.

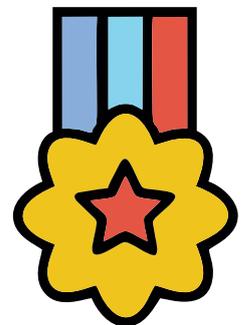
DESIGNS FORGED WITH PASSION

Founded in : 2014

- New Product Development Center.
- Product Design Center.
- Marketing Center.
- Research & Development Center.
- Quality & Supervision Center.

AR Engineers staff hold the tenets of integrity, innovation, practical and efficient manufacturing in order to realize the potential of becoming one of the most prominent brands in the country.

- Installed Gym Equipments in over 1000+ Sites.
- South Delhi Municipal Corporation.
- North Delhi Municipal Corporation.
- East Delhi Municipal Corporation.
- Jaipur, Ganganagar, Gurugram, Panipat, Faridabad etc.
- Company has also presence across 50+ cities across the Country.





BUSINESS INFOGRAPHIC



Company has a vision to provide the most advanced Outdoor Gym Equipments for everyone to Ensure a Healthy & Pro-active Society. We are introducing Low cost, Low maintenance & Safe Equipments for community parks & kids in schools.



AR Engineers' prime goal is to reach every corner in all directions with a motive to serve the society. The company is eyeing to deliver 25000 Gym Equipments in coming 1 year.



The Organization is fully committed to match the world standards in customer satisfaction, quality of the product, value for money, Delivering what promised in a specific given time. Our dedication to give more will never fade away. The company has a tag line “ **GIVE YOUR BEST, ENJOY THE REST**”.



IMAGINATION TO REALITY

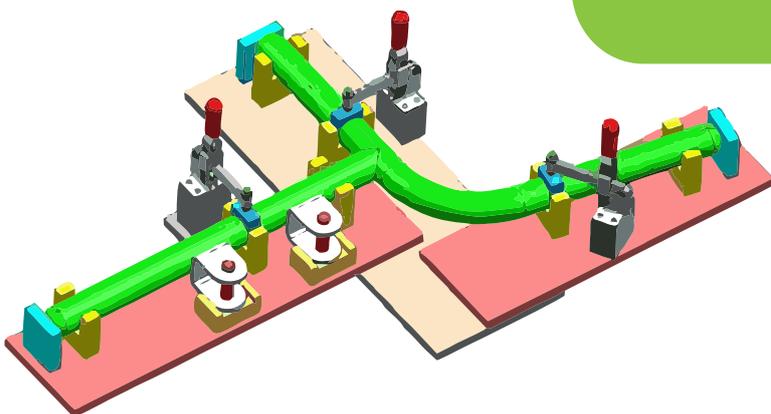
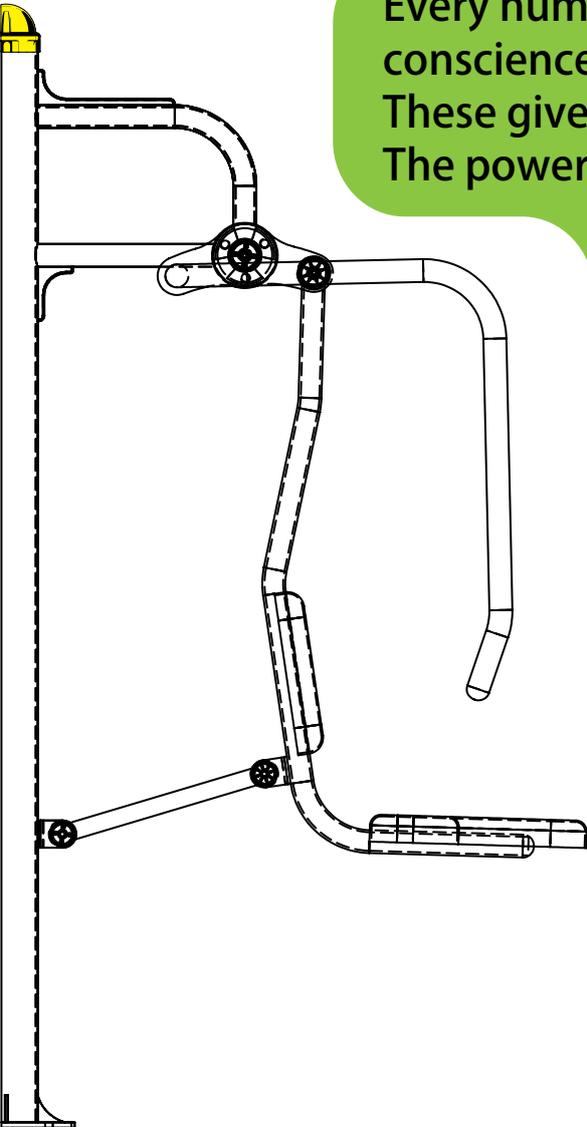
Every human has four endowments — self-awareness, conscience, independent will and creative imagination. These give us the ultimate human freedom. The power to choose, to respond, to change.

Imagination is not only the uniquely human capacity to envision that which is not, and therefore the fount of all invention and innovation.

In its arguably most transformative and revelatory capacity, it is the power to that enables us to empathize with humans whose experiences we have never shared.

With keeping all these aspects in mind, we are designing the machines for the future.

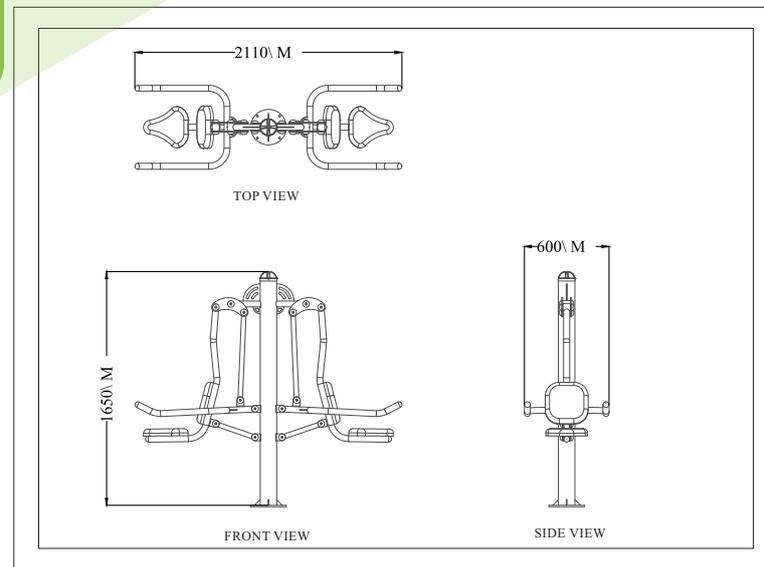
Our continuous imaginations to built some thing which is out of the box has always given best from us.



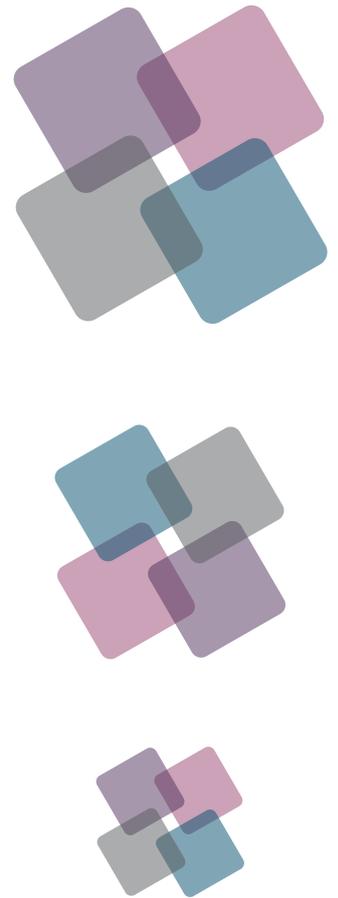
We are manufacturing jerk free versatile & smooth machines which are completely in the radius of Bio Mechanics.

The individual performing exercise on these machines will be less prone to any injury.

Our Imagination to provide the best is now distant reality and we are fully committed.



OUR CERTIFICATIONS -



At present, AR Engineers group is a certified member of
 ISO 9001 : 2015 (Quality Management System).
 ISO 14001 : 2015 (Environmental Management System).
 MSME Certified.
 GeM (Govt. E-Market Place) Certified.



QUALITY POLICY -



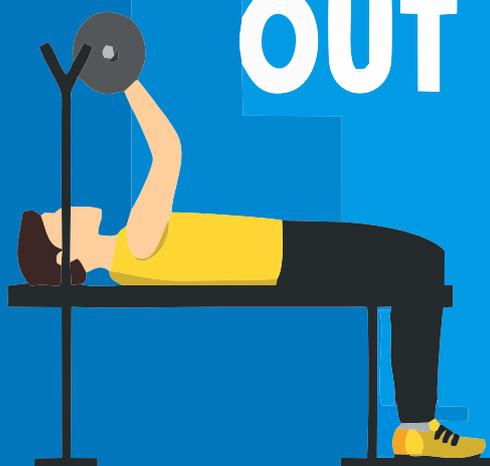
AR ENGINEERS Manufacturing Outdoor Gym Equipments has Quality Policy committing to, Achieve “TOTAL CUSTOMER SATISFACTION” by providing BEST QUALITY of service both in Quality & Delivery by meeting or exceeding customer expectation through complying with all applicable requirements and continual improvement of the Quality Management System with respect to context of the organization and its strategic direction.

Our products & services shall be of the Highest Quality available in the market place.



*Weights Don't
Lift Themselves*

**GO
WORK
OUT**



DIRECTORY

PREMIUM REGULAR SERIES

1. CHEST PRESS
2. SKY WALKER
3. SEATED PULLER
4. CROSS TRAINER
5. SIT-UP-BOARD
6. SEATING & STANDING TWISTER
7. SURF BOARD
8. SHOUDLER BUILDER
9. ARM BIKE PADDLE
10. BACK EXTENSION
11. AIR WALKER
12. HORSE RIDER
13. TAICHI 2 IN 1
14. DOUBLE TWISTER
15. ROWER
16. TRIPLE SEATING TWISTER
17. STAIR CUM STEPPER
18. TRIPLE STANDING TWISTER
19. CHEST CUM SEATED PULLER
20. LEG PRESS
21. SINGLE SEATED PULLER
22. CYCLE

EQUIPMENTS FOR CHILDREN

23. MINI CHEST PRESS
24. MINI SEATED PULLER
25. MINI DOUBLE SKY WALKER
26. MINI ORBI TRACK
27. MINI LEG PRESS
28. MINI SINGLE SKY WALKER
29. MINI AIR WALKER
30. MINI TRIPLE STANDING TWISTER
31. MINI ROWER

NEW LAUNCH 2021

32. SINGLE PECK DECK
33. DOUBLE PRESS DOWN
34. TRICEPS PULLER
35. SINGLE SKY WALKER
36. SEATING & STANDING TWISTER
37. FITNESS BIKE
38. DOUBLE PECK DECK
39. 3 IN 1 (BACK STRETCHER, SHOULDER BUILDER & STANDING TWISTER)

STRETCHING & WEIGHT LIFTING EQUIPMENTS

40. BENCH WITH FIXED WEIGHT
41. 3 IN 1 (AIR WALKER-LEG PRESS-SEATING TWISTER)
42. 4 IN 1 COMBINATION
43. BACK STRETCHER
44. WEIGHT LIFTER
45. 3 IN 1 (AIR WALKER-SHOULDER BUILDER-LEG PRESS)
46. PUSH-UP-BAR
47. BENCH WITH FIXED DUMBBELLS
48. POMMEL HORSE
49. UNEVEN BAR
50. 3 IN 1 (PUSH-UP-BAR, SHOULDER BUILDER, STANDING TWISTER)
51. TAICHI CUM SHOULDER BUILDER

WALL OF FAME





CHEST PRESS

STRENGTHENS

- a) - UPPER LIMBS.
- b) - CHEST MUSCLE.
- c) - BACK MUSCLES.

CODE- ARE/CP/201

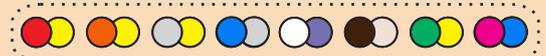
SKY WALKER

STRENGTHENS-

- a) - UPPER BODY MUSCLES.
- b) - LOWER BODY MUSCLES
- c) - IMPROVES JOINT FLEXIBILITY

CODE- ARE/SW/202

COLOR
AVAILABILITY





SEATED PULLER

STRENGTHENS-

- a) - SHOULDER MUSCLE.
- b) - ARM MUSCLE.
- c) - BACK MUSCLES.

CODE- ARE/SP/203



CROSS TRAINER

STRENGTHENS-

- a) - IMPROVES
CARDIOVASCULAR FITNESS.
- b) - BUILD STRENGTH IN BODY
- c) - TONE MUSCLES

CODE- ARE/CT/204

COLOR
AVAILABILITY





SIT-UP BOARD

STRENGTHENS-

- a) - THIGH MUSCLES.
- b) - WAIST MUSCLES.
- c) - ABDOMINAL MUSCLES.

CODE- ARE/SUB/205



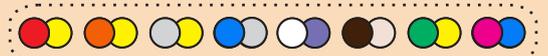
DOUBLE STANDING TWISTER

STRENGTHENS-

- a) - LOWER BACK.
- b) - LOWER ABDOMINAL MUSCLE.
- c) - SIDE WAIST MUSCLES.

CODE- ARE/S&S/206

COLOR AVAILABILITY





SURF BOARD

STRENGTHENS-

- a) - FORE ARM MUSCLE
- b) - WAIST MUSCLES
- c) - LOWER BODY MUSCLE.

CODE- ARE/SB/207



SHOULDER BUILDER

STRENGTHENS-

- a) - ARM MUSCLES.
- b) - SHOULDER MUSCLES.
- c) - SHRUG MUSCLE.

CODE- ARE/SHB/208

COLOR
AVAILABILITY





ARM BIKE PADDLE

STRENGTHENS-

- a) - THIGH MUSCLES.
- b) - WAIST MUSCLES.
- c) - LEG MUSCLES.

CODE- ARE/ABP/209



BACK EXTENSION

STRENGTHENS-

- a) - LOWER BACK.
- b) - LOWER ABDOMINAL MUSCLE.
- c) - LOWER BODY MUSCLES.

CODE- ARE/BX/210

COLOR
AVAILABILITY





AIR WALKER

STRENGTHENS-

- a) - THIGH MUSCLES.
- b) - GLUTES MUSCLES.
- c) - LOWER LEG MUSCLES.

CODE- ARE/AW/211



HORSE RIDER

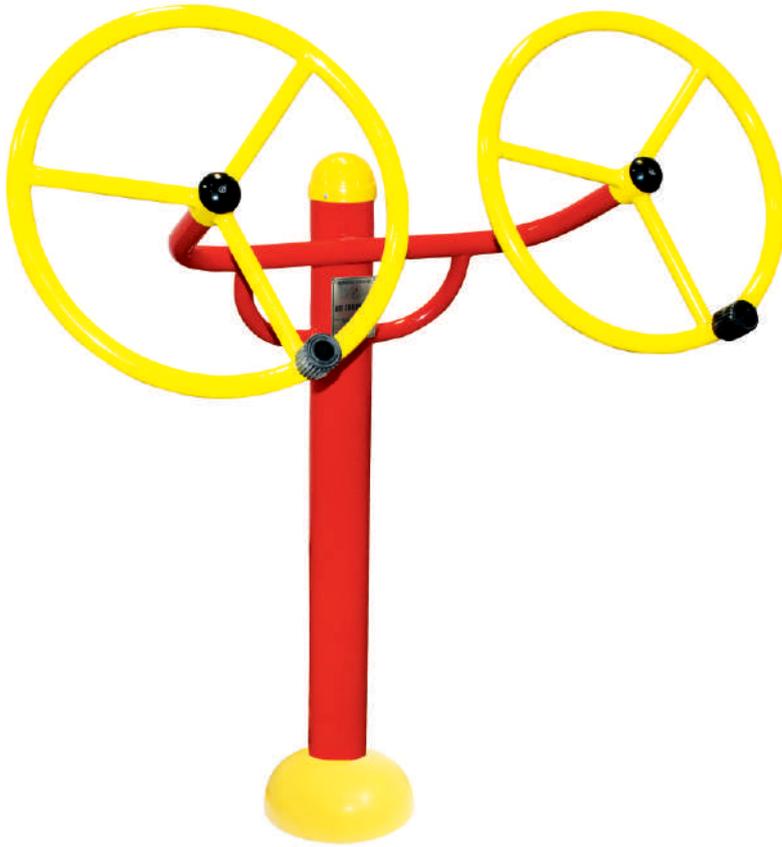
STRENGTHENS-

- a) - FORE ARM MUSCLES
- b) - CORE MUSCLE.
- c) - LOWER BODY MUSCLES.

CODE- ARE/HR/212

COLOR
AVAILABILITY





TAICHI SPINNER

STRENGTHENS-

- a) - ARM MUSCLES.
- b) - SHOULDER MUSCLES.
- c) - SHRUG MUSCLE.

CODE- ARE/TCS/213

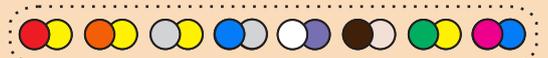
SEATING & STANDING TWISTER

STRENGTHENS-

- a) - WAIST MUSCLE
- b) - THIGH MUSCLE
- c) - LOWER ABDOMINAL MUSCLE

CODE- ARE/DST/214

COLOR
AVAILABILITY





ROWER

STRENGTHENS-

- a) - THIGH MUSCLES.
- b) - WAIST MUSCLES.
- c) - LEG MUSCLES.

CODE- ARE/RO/215

DOUBLE SEATING TWISTER

STRENGTHENS-

- a) - LOWER BACK.
- b) - LOWER ABDOMINAL
MUSCLE.
- c) - LOWER BODY MUSCLES.

CODE- ARE/TST/216

COLOR
AVAILABILITY





STAIR CUM STEPPER

STRENGTHENS-

- a) - THIGH MUSCLES.
- b) - WAIST MUSCLES.
- c) - LEG MUSCLES.

CODE- ARE/SCS/217



TRIPLE STANDING TWISTER

STRENGTHENS-

- a) - LOWER BACK.
- b) - LOWER ABDOMINAL MUSCLE.
- c) - LOWER BODY MUSCLES.

CODE- ARE/TST/218

COLOR
AVAILABILITY





CHEST CUM SEATED PULLER

STRENGTHENS-

- a) - UPPER LIMBS.
- b) - CHEST MUSCLE.
- c) - BACK MUSCLES.

CODE- ARE/CCSP/219



LEG PRESS

STRENGTHENS-

- a) - THIGH MUSCLES.
- b) - LEG MUSCLE.
- c) - LOWER BODY MUSCLES.

CODE- ARE/LP/220

COLOR AVAILABILITY





SINGLE SEATED PULLER

STRENGTHENS-

- a) - UPPER LIMBS.
- b) - CHEST MUSCLE.
- c) - BACK MUSCLES.

CODE- ARE/SSP/221



CYCLE

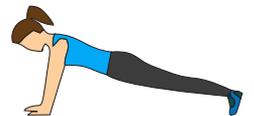
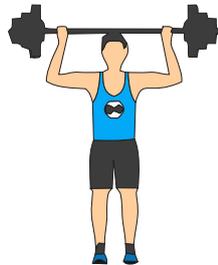
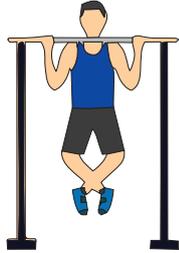
STRENGTHENS-

- a) - THIGH MUSCLES.
- b) - WAIST MUSCLES.
- c) - LEG MUSCLES.

CODE- ARE/C/222

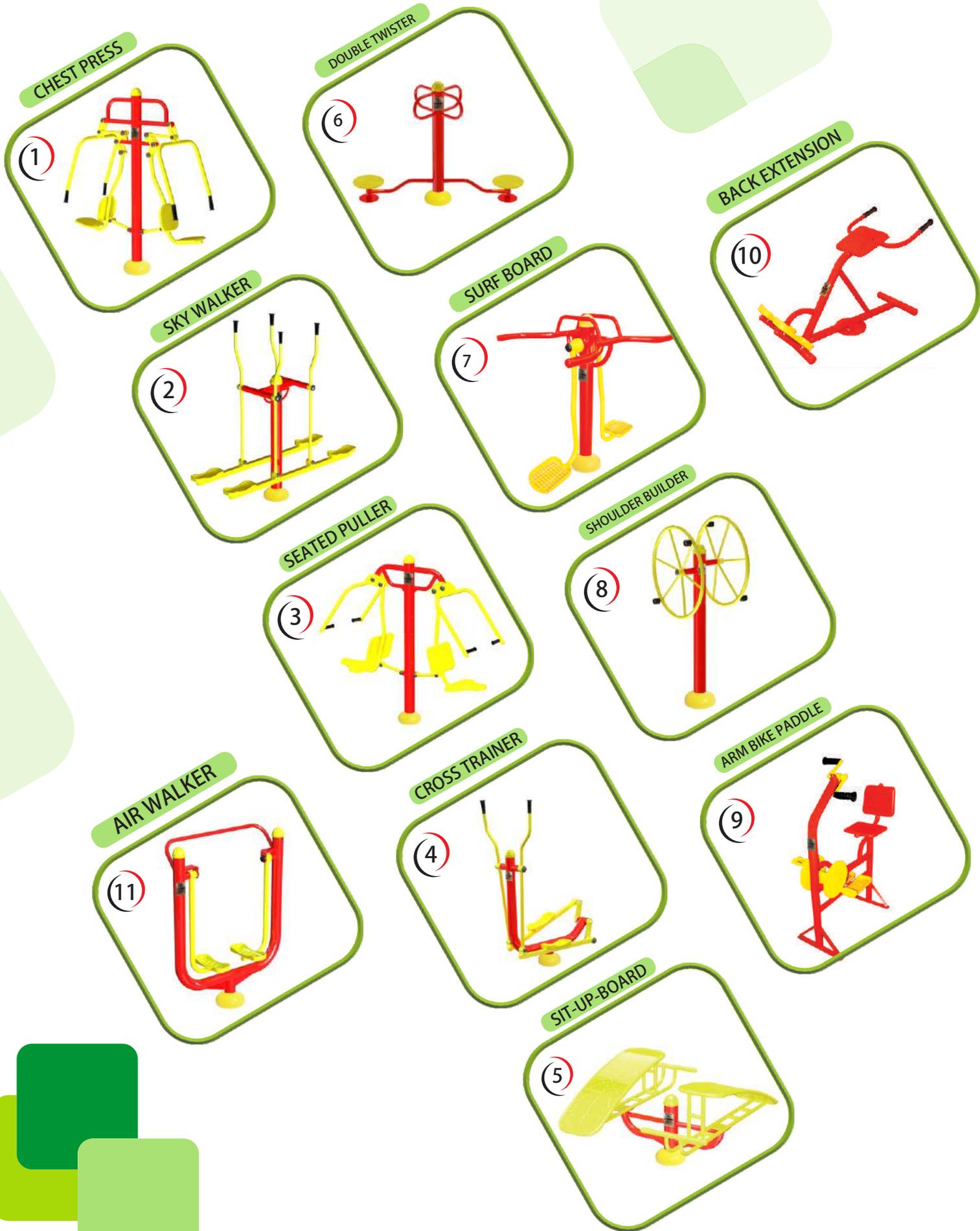
COLOR AVAILABILITY

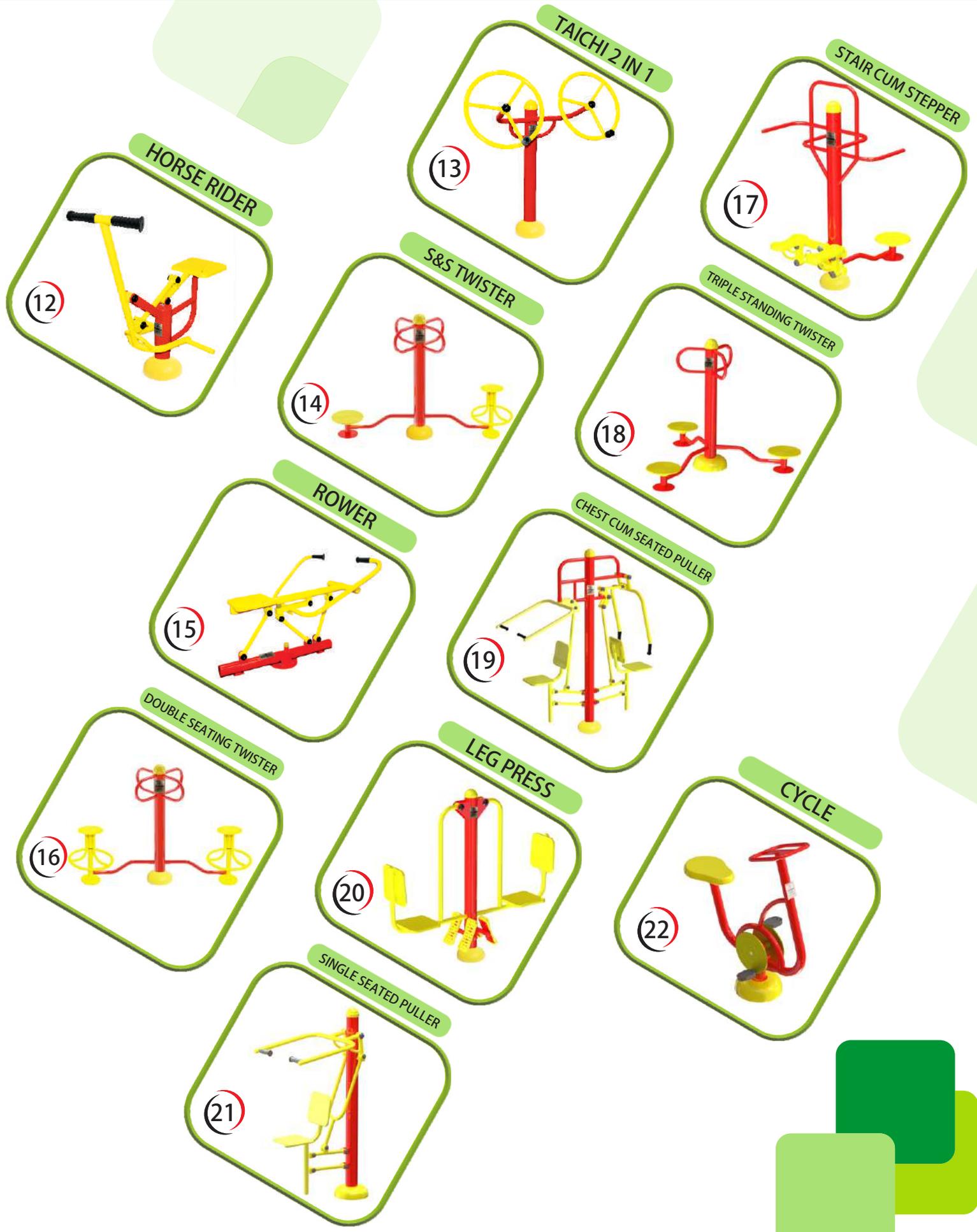


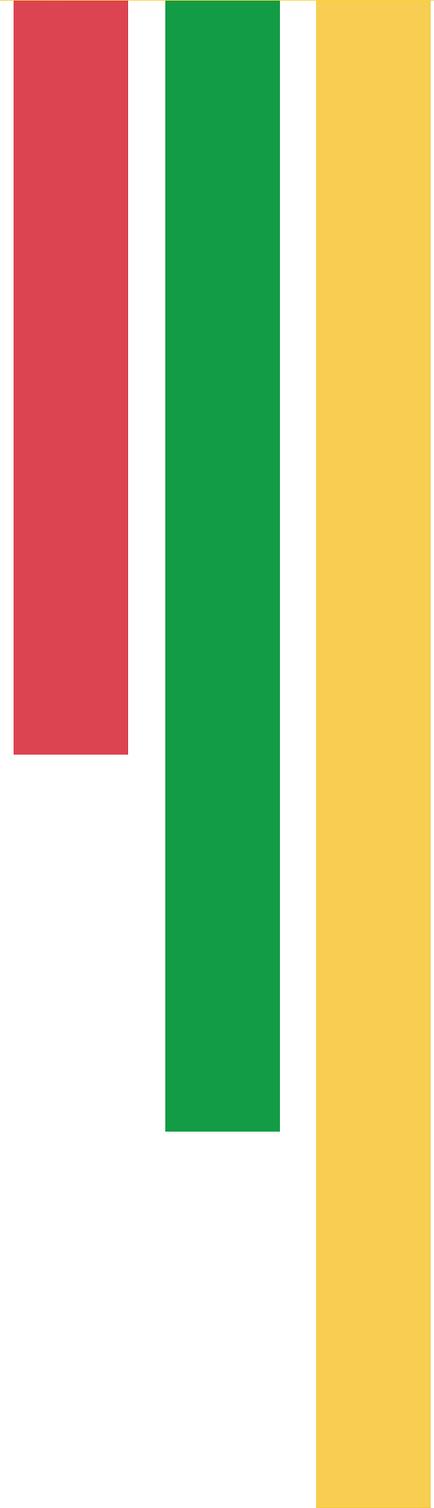


AR ENGINEERS









GYM EQUIPMENTS FOR YOUNGER ONES





In The World Of Growing Technology, Latest Gadgets Or VR games, our kids had already made their choices i.e. to stick to their screens. Its been quite a long when the kids used to come out of their homes and play in lawns, parks & street. Children 's health and wellness has been a severe head-ache for the parents as the activity involvement in their routine has been reduced to zero.

And the advancement of technology has to be blamed here. To bring kids back “PLAY AND PARK AGE” and to improve their health, endurance and capabilities we have specially designed a complete segment of machines for our kids.

Its never too early to encourage a love of physical activity in kids by exposing them to fun fitness activities and sports. Our specially designed gym equipments for them will help build endurance, balance, agility and coordination while strengthening the whole body.

Whether our kids is into sports or just being a kid, these full-body conditioning exercises will have them ready for the game or the playground. Kids of ages as early as 7 years can take full advantages of these gym equipments.



MINI CHEST PRESS

STRENGTHENS-

- a) - UPPER LIMBS.
- b) - CHEST MUSCLE.
- c) - BACK MUSCLES.

CODE- ARE/CG/MCP-223



MINI SEATED PULLER

STRENGTHENS-

- a) - SHOULDER MUSCLES.
- b) - ARM MUSCLE.
- c) - BACK MUSCLES.

CODE-ARE/CG/MSP-224

COLOR
AVAILABILITY





MINI DOUBLE SKY WALKER

STRENGTHENS-

- a) - UPPER BODY MUSCLES.
- b) - LOWER BODY MUSCLES
- c) - IMPROVES JOINT FLEXIBILITY

CODE- ARE/CG/MDSW-225



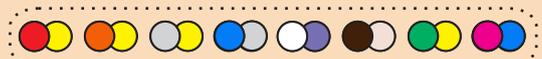
ORBI TRACK

STRENGTHENS-

- a) - IMPROVES CARDIOVASCULAR FITNESS.
- b) - BUILD STRENGTH IN BODY
- c) - TONE MUSCLES

CODE- ARE/CG/OT-226

COLOR
AVAILABILITY





MINI LEG PRESS

STRENGTHENS-

- a) - THIGH MUSCLES.
- b) - LEG MUSCLE.
- c) - LOWER BODY MUSCLES.

CODE-ARE/CG/MLP-227



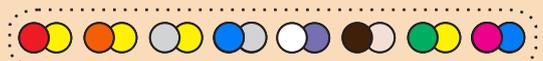
MINI SINGLE SKY WALKER

STRENGTHENS-

- a) - IMPROVES CARDIOVASCULAR FITNESS.
- b) - BUILD STRENGTH IN BODY
- c) - TONE MUSCLES

CODE- ARE/CG/MSSW-228

COLOR
AVAILABILITY





MINI AIR WALKER

STRENGTHENS-

- a) - UPPER BODY MUSCLES.
- b) - LOWER BODY MUSCLES
- c) - IMPROVES JOINT FLEXIBILITY

CODE- ARE/CG/MAW-229



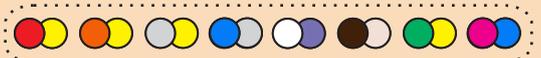
MINI S&S TWISTER

STRENGTHENS-

- a) - LOWER BACK.
- b) - LOWER ABDOMINAL MUSCLE.
- c) - SIDE WAIST MUSCLES.

CODE- ARE/CG/MTSS-230

COLOR
AVAILABILITY





MINI ROWER

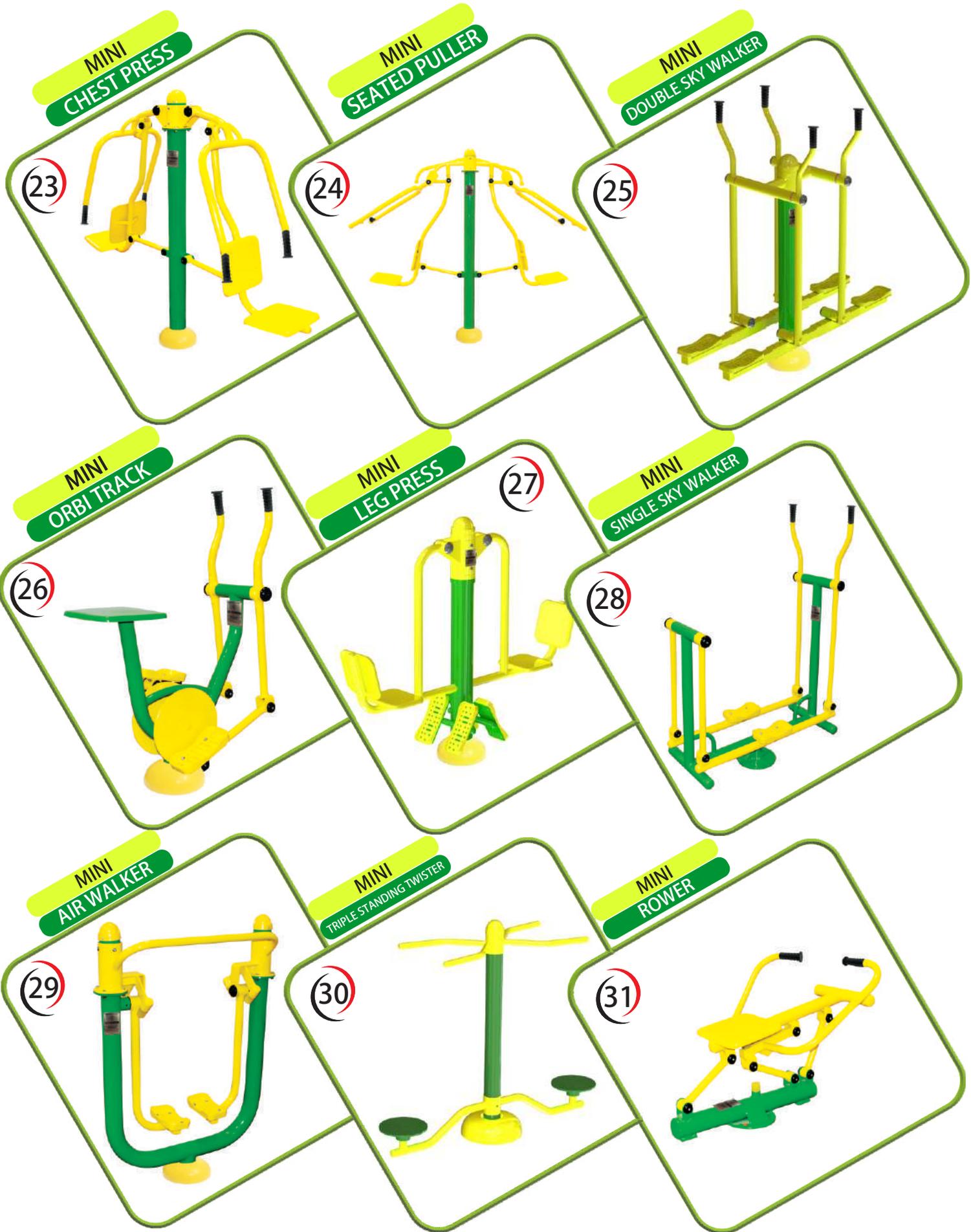
STRENGTHENS-

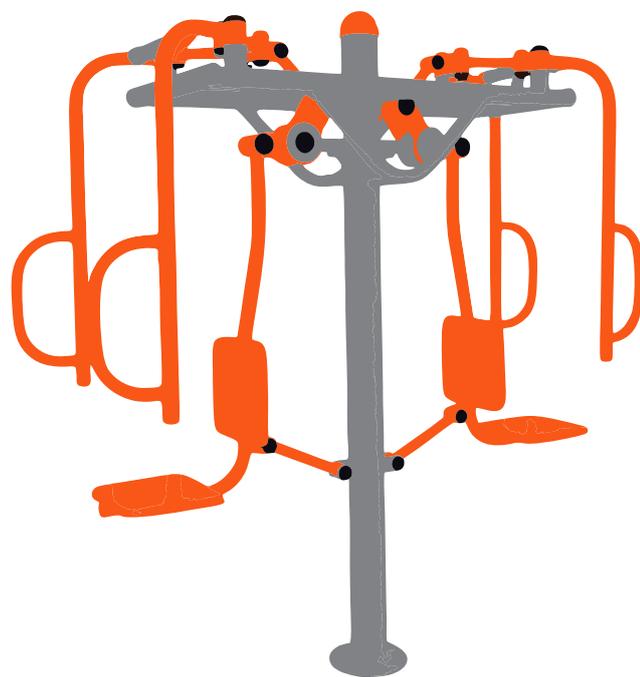
- a) - UPPER BODY MUSCLES.
- b) - LOWER BODY MUSCLES
- c) - IMPROVES JOINT FLEXIBILITY

CODE- ARE/CG/RO-231

COLOR
AVAILABILITY







MACHINES OF FUTURE & BEYOND





AR ENGINEERS





SINGLE PECK DECK

STRENGTHENS-

- a) - UPPER LIMBS.
- b) - CHEST MUSCLE.
- c) - BACK MUSCLES.

CODE- ARE/NL/SPD-232



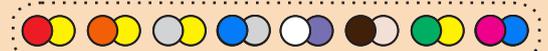
DOUBLE PULL DOWN

STRENGTHENS-

- a) - ARM MUSCLES.
- b) - SHOULDER MUSCLES.
- c) - CHEST MUSCLE.

CODE- ARE/NL/DPD-233

COLOR
AVAILABILITY





TRICEPS PULLER

STRENGTHENS-

- a) - TRICEPS MUSCLE
- b) - BICEPS MUSCLE
- c) - FORE ARM MUSCLE

CODE- ARE/NL/TP-234



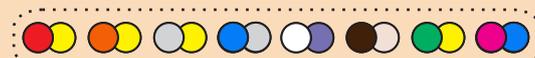
SINGLE SKY WALKER

STRENGTHENS-

- a) - UPPER BODY MUSCLES.
- b) - LOWER BODY MUSCLES
- c) - IMPROVES JOINT FLEXIBILITY

CODE- ARE/NL/SSW-235

COLOR
AVAILABILITY





SEATING & STANDING TWISTER

STRENGTHENS-

- a) - LOWER BACK.
- b) - LOWER ABDOMINAL MUSCLE.
- c) - SIDE WAIST MUSCLES.

CODE- ARE/NL/SST-236



FITNESS BIKE

STRENGTHENS-

- a) - IMPROVES CARDIOVASCULAR FITNESS.
- b) - BUILD STRENGTH IN BODY
- c) - TONE MUSCLES

CODE- ARE/NL/ABP-237

COLOR
AVAILABILITY





DOUBLE PECK DECK

STRENGTHENS-

- a) - UPPER CHEST
- b) - LOWER CHEST
- c) - SHOULDER MUSCLE

CODE- ARE/NL/DPD-238



3 IN 1

(SHOULDER BUILDER, BACK STRETCHER & TWISTER)

STRENGTHENS-

- a) - FORE ARM MUSCLE
- b) - WAIST MUSCLES
- c) - LOWER BODY MUSCLE.

CODE- ARE/NL/3in1-239

COLOR AVAILABILITY



SINGLE PECK DECK



SINGLE SKY WALKER



3in1



S&S TWISTER



FITNESS BIKE



DOUBLE PECK DECK



TRICEPS PULLER



DOUBLE PRESS DOWN





STRETCHING & WEIGHT LIFTING





BENCH WITH FIXED WEIGHT

STRENGTHENS-

- a) - UPPER CHEST MUSCLES.
- b) - LOWER CHEST MUSCLES
- c) - IMPROVES STRENGTH

CODE- ARE/FT/BFW-240



3 IN 1 COMBINATION

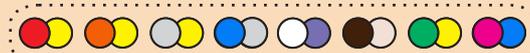
(AIR WALKER - LEG PRESS - SEATING
TWISTER)

STRENGTHENS-

- a) - THIGH MUSCLES
- b) - ABDOMINAL MUSCLES
- c) - LOWER BODY MUSCLES

CODE- ARE/FT/3IN1-241

COLOR
AVAILABILITY





4 IN 1

COMBINATION

(BACK STRETCHER, CHIN-UPS,
PUSH-UP-BAR, LEG RAISER)

STRENGTHENS-

- a) - ARM MUSCLES.
- b) - SHOULDER MUSCLES.
- c) - CHEST MUSCLE.

CODE- ARE/FT/4IN1-242



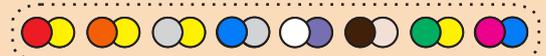
BACK STRETCHER

STRENGTHENS-

- a) - BACK MUSCLE
- b) - LOWER BACK MUSCLE
- c) - GLUTES MUSCLES

CODE- ARE/FT/BS-243

COLOR
AVAILABILITY





WEIGHT LIFTER

STRENGTHENS-

- a) - SHOULDER MUSCLES.
- b) - UPPER CHEST MUSCLES
- c) - IMPROVES STRENGTH

CODE- ARE/FT/WL-244



3 IN 1 COMBINATION

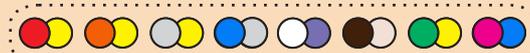
(AIR WALKER - SHOULDER BUILDER
- LEG PRESS)

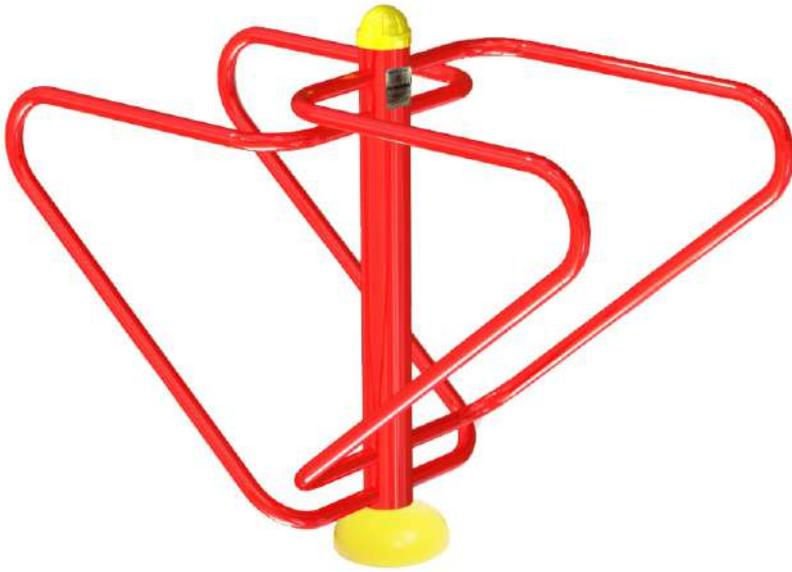
STRENGTHENS-

- a) - SHOULDER MUSCLE
- b) - BUILD STRENGTH
- c) - TONE MUSCLES

CODE- ARE/FT/3IN1-245

COLOR
AVAILABILITY





PUSH-UP BAR

STRENGTHENS-

- a) - ARM MUSCLES.
- b) - SHOULDER MUSCLES.
- c) - CHEST MUSCLE.

CODE- ARE/FT/PUB-246



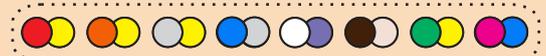
BENCH WITH FIXED DUMBBELLS

STRENGTHENS-

- a) - TRICEPS MUSCLE
- b) - BICEPS MUSCLE
- c) - FORE ARM MUSCLE

CODE- ARE/FT/BWFD-247

COLOR
AVAILABILITY



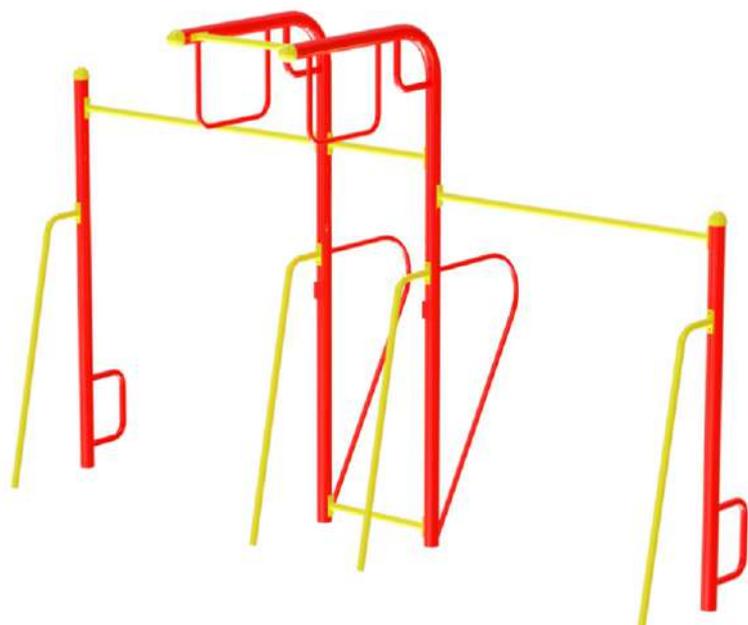


POMMEL HORSE

STRENGTHENS-

- a) - UPPER BODY MUSCLES.
- b) - LOWER BODY MUSCLES
- c) - IMPROVES JOINT FLEXIBILITY

CODE- ARE/FT/PH-248



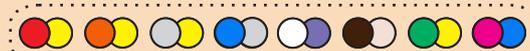
UNEVEN BAR

STRENGTHENS-

- a) - IMPROVES FLEXIBILITY
- b) - BUILD STRENGTH
- c) - TONE MUSCLES

CODE- ARE/FT/UB-249

COLOR
AVAILABILITY





3 IN 1

(PUSH-UP-BAR, SHOULDER BUILDER,
STANDING TWISTER)

STRENGTHENS-

- a) - SHOULDER MUSCLE
- b) - BUILD STRENGTH
- c) - TONE MUSCLES

CODE- ARE/FT/3IN1-250



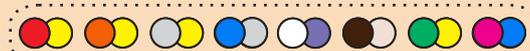
TAICHI CUM SHOULDER BUILDER

STRENGTHENS-

- a) - ARM MUSCLES.
- b) - SHOULDER MUSCLES.
- c) - SHRUG MUSCLE.

CODE- ARE/FT/TCSB-251

COLOR
AVAILABILITY



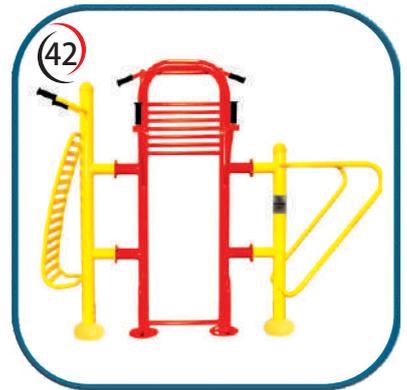
BENCH WITH FIXED DUMBBELLS



BACK STRETCHER



4 IN 1 COMBINATION



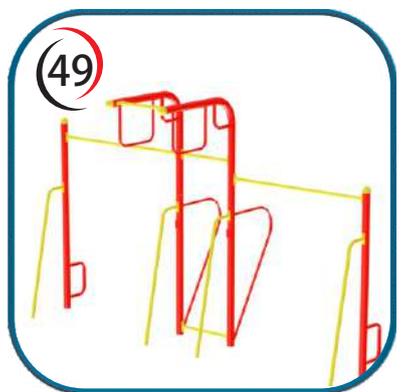
3 IN 1 COMBINATION



WEIGHT LIFTER



UNEVEN BAR



3 IN 1 COMBINATION/2



BENCH WITH FIXED WEIGHT



3 IN 1 COMBINATION



PUSH-UP-BAR



POMMEL HORSE



TAICHI CUM SHOULDER BUILDER



AREAS & PROJECTS



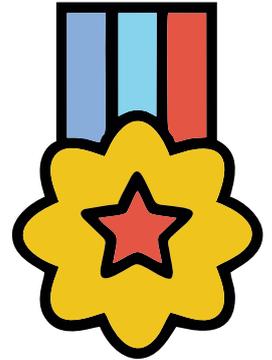
Greater Noida
Industrial Development Authority





Carrying Forward the Indian Govt' s initiative of Open Gym, with an aim to keep people healthy and fit, we manufacture high quality gym equipments to facilitate the urban areas with open gyms in the times to come, to meet the demand posed by urban lifestyle.

We have Installed Gym Equipments in over 1000+ sites including South Delhi Municipal Corporation, North Delhi Municipal Corporation, East Delhi Municipal Corporation, Jaipur, Ganganagar, Gurugram, Faridabad, Panipat, Karnal etc. Company also has presence in Mumbai, Raipur, Bangalore, Jabalpur & 50+ cities across the country.



Our aim is to give excellent quality in affordable price and bound to timely supply of materials. During these incredible years, we have achieved 50% growth and are aiming to make it to 75%. Our client' s trust achieved through years of quality work deliverance, motivates us to aim higher & achieve unprecedented heights in near future.

We Are Working For The Betterment Of The Society By Improving Health & Fitness Facilities Across The Urban & Rural Areas.

The Organisation Is Fully Committed To Ensure Modern Open Gym Facilities Across The Cities. Our Gym And Play Equipments Are Functional In Local Parks, Schools, Societies, Corporate Offices & Community Centres.

WALL OF FAME



SITE - SDMC



SITE - NDMC



SITE - EDMC



SITE - SDMC



SITE - NDMC



SITE - EDMC



SITE - EDMC





SITE - NDMC



SITE - SDMC



SITE - SDMC



SITE - EDMC



SITE - EDMC



SITE - SDMC



SITE - SDMC



SITE - NDMC





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